

BE POSITIVE

PLAY SPORT. DEVELOP LIFE SKILLS. BE POSITIVE.



BE Positive are running a 10-week personal development programme where you can play sports, take part in competitions, develop your confidence, teamwork, and leadership skills, and go on a trip!

Who is it for? Boys and Girls aged 12 to 16

When is it? Every Thursday 6 pm – 8 pm

Where is it? Heartlands Academy, 10 Great Francis Street, Birmingham, B7 4QR

Interested?

Get in touch with
Joe or just come
along to a session
Phone: 0121 456 1818
Mobile: 07990 038026
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To refer a young person to the
programme visit
www.sport4life.org.uk/referral

www.sport4life.org.uk



Sport4LifeUK
Teens