

# FREE SPORTS SESSIONS



Be Positive  
with **FREE** sport  
sessions with  
Sport 4 Life UK



Take part in sport  
engagement  
sessions, including  
football and much  
more!

Sessions are  
suitable for all  
abilities!

**Who is it for?**  
12 -16 year olds

**When is it?**  
Fridays 4:30-6pm

**Where is it?**  
Play Football Arena  
20 Great King Street  
Birmingham  
B19 2LF

## Interested?

Get in touch with  
Joe or just come  
along to a session  
Phone: 0121 456 1818  
Mobile: 07990 038026  
Email: [joe.kahigi@  
sport4life.org.uk](mailto:joe.kahigi@sport4life.org.uk)

Find us online  
and on social media:  
[www.sport4life.org.uk](http://www.sport4life.org.uk)



Sport4lifeuk  
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